

## EMOTIONAL INTELLIGENCE THE PRESPECTIVE OF DANIEL GOLEMAN AND ITS RELEVANCE IN ISLAMIC EDUCATION

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### **Abstract**

*This article was conducted based on the consideration that the current emotional intelligence is still indispensable in shaping the behavior of students. With mengspisifikan on the subjects of Islamic education. This article tried to connect the emotional intelligence of high school students on Islamic Education. This article examines to determine how Islamic religious education policies that have been implemented in high school and to determine the relevance of emotional intelligence of high school students against the teachings of Islam. To get a complete this article. library research approach. Data was collected through literature study includes studying, studying and citing theories or concepts from a number of literature. Books, journals, magazines and others. It can be applied to educate children who are emotionally intelligent with the ability to recognize self-managing emotions productively utilize emotions, empathy, and the ability to build social relationships.*

**Keywords:** *Relevance, Emotional Intelligence, Islamic Education*

### **A. Introduction**

Education as a change agent has a very important role in life. Therefore, education has always received more attention in all aspects. Education as a conscious effort or a learning process which is passed by the teachers and students aims to achieve change for the better. In this case

we as educators is a determining factor for the success of any educational effort. That is why a teacher should always be able to make innovations in education. Therefore, in student learning efforts teachers are required to have multiple roles so as to create an effective learning conditions.

Humans are creatures of God's most perfect and noble in this world, because that's the perfect human being blessed with a variety of potential outstanding of which is the potential of Intelligence. According to research psychologist Daniel Goleman from Harvard suggests that humans have a basic potential of other types, namely emotional intelligence. He thinks that the intelligence would be effective if the person is capable of functioning emotional intelligence. Emotional intelligence (Emotional Quotient) can be trained, learned and developed in childhood, so there are still opportunities to develop and improve them to contribute to the success of one's life. While intellectual itself according to Daniel Goleman not be much changed by the experience and intellectual education. The intelligence is likely to default so that we can not do much to improve it.

Today a lot of cases of juvenile delinquency and students, namely: like brawls, suicides because they do not pass the national exam, depression as a result decided by boyfriends, sex behavior, criminal acts, theft, hold-up, the use of illegal drugs. Suicides have occurred among students are: A student almost suicidal because of ridicule designation artisan child selling Chicken Porridge, Nanet 12-year-old committed suicide after his mother scolded, Nop at the age of 14 years was found hanging on a pole in a storage shed tools- household appliance. Yudianto was 12 years old because of disappointment after his mother scolded, Haryanto at the age of 12 tahun.melakukan attempted suicide just because of money problems Rp 1.500-, Tosan which berusia 11 years lifeless allegedly due to loss of kites and thread, and FR, high school students 70 State last week committed suicide in the bathroom in Semabung region.

Adolescence is a period that has a freedom in the mix, it can not be denied together. The problem of juvenile delinquency is a problem

that is considered urgent and very interesting we discussed, where at this time the teens have the freedom to act regardless of advice or words of others, they are generally concerned with the ego of the togetherness.

Adolescence is known as a time of great hardship. Not only hardship for the individuals concerned, but also for the parents, the community, and often for the police. This is due to adolescence is a period of transition between childhood and adulthood. Based on the reality of the writer explained above, there are many deviant behavior committed by teenagers in particular are still treading education high school (SMA) that easily we encounter in everyday life, such behavior among others: like skipping during school hours, disturbing learning activities take place, criminal conduct, fighting between schools and between groups (gangs). The teen's behavior is deviant behavior to the norms prevailing in society. All the phenomena of juvenile delinquency that can minimize and covered the curriculum of Islamic education relevance with emotional intelligence, the curriculum is a very important component in the education system. Noting the curriculum with the students see emotional intelligence is as important in the educational process. It is considered how important a component of the curriculum in the education system.

Curriculum is always changing, or rather the consummation. this is done so that the curriculum in line with the behavior of teenagers who always followed the progress of the times and less intelligent in sorting globalization. Curriculum expectations can provide a path or direction to the problems in school teenagers so they are more comfortable, this problem can be solved because it is busy with school activities.

Causes of the background cases of suicide and delinquency are still stepping high school education is not the severe problems even sometimes seem unimportant to people who think rationally. The deviant behavior, such as various cases of suicide and high school student misbehavior that occurred is one indication of the unpreparedness of the child addressing the conditions surrounding environment. Disappointment, shame, anger, and other negative feelings that are destructive rooted in the inability of children to recognize and

manage emotions, and motivate themselves, this condition is a reflection of low emotional intelligence.

According to M. Ustman Najati translated by Irfan Salim, emotional intelligence is an intelligence that could motivate psychological conditions become mature individuals. Emotional intelligence embodied in the ability to perceive, understand, and effectively apply the power and emotion sense as an energy source of information, connections and human influences. He is like the fuel that ignite creativity, collaboration, initiative, and transformation.

Factor human emotions is quite interesting to be discussed because it comes to the reality of human life that no one can deny that he was ever sad, afraid frustrated, unhappy, hate or other feelings because of a particular event that happened, or witnessed by others in the same , On the other hand, the emotional aspect in the lives of individuals closely associated with other psychological aspects. emotions can be described as the pivot of human life, which if disturbed emotional aspects so disturbed also other aspects of life.

Emotions determine our quality of life. It happens in every relationship we have done in friendship, the family members of society and so on. At this time of rapid scientific and technological progress is not always good for the humans. Life increasingly complex with higher levels of stressors that result in individuals more susceptible to a variety of both physical and psychological disorders, psychological disorders such as anxiety, stress, frustration, aggressiveness, anarchic behavior, and other emotional disorders is increasing. Thus the emotional intelligence is as important in developing the curriculum in the educational process. Concepts and practice of education that lasted still tend to promote intellectual.

## **B. Biografi Goleman dan Aktivitas Intelektualnya**

Goleman was born in Stockton California, and now lives in the Berkshires Massachusetts with his wife Tara Bennett Goleman a psychotherapist and has two grown children. After completing high school, he continued his studies at the university Amherst, where he

received a bachelor's degree Alfred Sloan and graduated cum laude. After that he continued on his program S2 and S3 at Harvard, where he became a member of the "ford" and received an MA and Ph.D to develop clinical and Personality Psychology.

He was one of the founders of Collaborative learning for college campuses. Social and emotional learning in the child study center Yale University (now the University of Illinois at Chicago) has a mission to help schools to introduce lessons kiterasi emotion. One of the advantages of collaborative learning impact are many thousands of schools throughout the world have begun to apply these programs. In addition Goleman is a former chairman of the association of research on emotional intelligence in organizations, in accordance with the schools of psychology graduate and professional application 16 at Rutgers University who recommend best practices in developing emotional competence. In 2003, he published Emotions Destruction (destructive emotions), which is a scientific dialogue between groups of psychologists, neuroscientists and philosophers. He is a board member institute "mind and life" which sponsors an ongoing series of dialogues and make relevant research.

It is also active as a teacher groups business participants, professionals and also teaches at the University campuses. He has written a lot of knowledge about the intelligence and behavior in the magazine "The New York Times" over the years. Goleman was once a member of the visitor literature at Harvard and is a journalism working as a journalist in the newspaper "The New York Times".

For approximately ten years, Goleman includes the sciences of brain and behavior in "The New York Times" and his articles in the fit around the world in this newspaper syndicate. He has taught at Harvard (where he obtained his PhD) and was also a senior editor dipsychology Today. To that end, he has received many awards for works of journalistic writing. It includes two award nominations, namely "Prizer" for his articles in the magazine "Times" and an award "Career Achieve Ment" (career achievement) for journalism from the American Psychological Association.

In recognition of his efforts to communicate science-science attitude to the public. Therefore he has been elected as a member of the American alliance for science high. In addition to Emotional Intelligence, his books have been published is Vital Lies, Simple Truths, The Meditative Mind, Working With Emotional Intelligence and a coauthor of the book The Creative Spirit 17. And his latest book is primal Leadership Realizing The Power Of Emotional Intelligence.

His books include being one of the list "The New York Times" for 1.5 years with more than 5 million copies in print worldwide. These books have ranked the best-selling almost all continents, Europe and Latin America and have been translated into 30 languages less slaughtered.

### **C. The concept of Emotional Intelligence Daniel Goleman and Curriculum of PAI**

Daniel Goleman recognize the concept of emotional intelligence can be found in the book "Emotional Intelligence" which states: "emotional intelligence: abilities such as being Able to MOTIVATE oneself and persist in the face of frustrations, to control impulse and delay gratification, to Regulate one's moods and keep distress from swamping the ability to think, to empathize and to hope ".

Emotional intelligence is the ability-capabilities such as the ability to motivate yourself and survive in the face of frustration, impulse control and not excessive, set the mood and to maintain clear thinking, empathize and pray. This is the essence of emotional intelligence has to offer. According to Daniel Goleman's concept of the press in the point of view is referring to himself intelligence and social intelligence. Goleman opinion is similar to two intelligence contained in multiple intelligences developed by Gardner Howard through project spectrum, ie, interpersonal intelligence and intrapersonal intelligence.

The concept of human intelligence, when seen from the history of its development was initially born as a result of a variety of mental tests conducted by various psychologists to judge human beings into different levels of intelligence. Termed or better known as intelligence

(Intelligence Quotient). IQ test is the means used to express the high and low numbers that may be a clue as to the position of a person's intelligence level. So according to this theory, the higher the IQ, the higher intelligence.

Along with the development, testing intelligence that emerged in the early 20th century, pioneered by Alfred Binet (1980), it turns out intelligence tests have shortcomings. That deficiency underlying the emergence of new theories and as a tool to attack the theory. This new theory was popularized by Daniel Goleman known as emotional intelligence (Emotional Intelligence). According to Daniel Goleman, EQ as effective as, and even more. Especially with the new research states that cognitive intelligence (IQ) is not a measure of intelligence (Intelligence) which is actually, it turns out emotion of the most decisive parameter in human life.

According to Daniel Goleman (IQ) only develop 20% of the possibility of success in life, while 80% were filled by other forces. Goleman's expression seems to be the answer for the situation 'strange' that often occurs in the community, where there are people who are known high IQ was not able to achieve a better performance than others in lower IQ.

Another advantage of this emotional intelligence is the fact that emotional intelligence is not static intelligence obtained because the 'legacy' parents like IQ. All this has been known that a person is born with a low IQ can not be engineered to be a genius. Likewise, a person born of parents high IQ were likely to "follow the footsteps" of his parents with a high IQ as well. The emotional intelligence can grow and develop a lifetime to learn. Smart or not a person's emotions depending on the learning process, grinding, and the training is done throughout life. Someone who do not have the emotional intelligence will usually prone to psychiatric disorders, or at least less able to control his emotions, and easily soluble in grief when failures. When appearing negative behaviors caused by a lack of emotional intelligence, it is not surprising that the harm to others who are in the vicinity.

Therefore, emotional intelligence is indispensable for everyone, because of the emotional intelligence of people will have a sense of introspection is high, so people will not easily get angry, selfish, not easily discouraged, and always have a sense gracefully in the face various problems of life. Parents and teachers have the same trend, ie the current generation, experience more emotional difficulties than in the previous generation is more lonely and moody, lack of respect for manners, more nervous and anxious, more impulsive and aggressive. And the results of the research of Daniel Goleman discovered when the situation called dumb, when intelligent people so stupid. Daniel Goleman found that Americans who have the intelligence or IQ above 125 generally works to people who have average intelligence 100. That is, an intelligent person generally works to people who are ignorant of it. Rarely do people who are intellectually smart success in life. But those who are successful in their lives are usual stuff because of their emotional intelligence.

So what determines success in this life? Not intellectual but emotional intelligence. The capability is measured emotional intelligence of emotional control and self-restraint. In mental health the ability to control emotions and restraint is called patience. Most patient person is the highest in emotional intelligence. He usually stoic in the face of adversity, when studied hard to adapt, to develop the potential and succeed in overcoming the various disorders and can control his emotions.

Daniel Goleman tells the true story of how fatal the person who does not have the emotional intelligence. At one time there was a boy asked permission from her parents to stay at friend's home. While the boy was gone, her parents were going to watch the show. Not longer than that, the child returns home because they do not like living in the home theme.

At the time, her parents still watch opera. The bad boy has a plan, he wants to make a surprise to his parents when coming home at night. He will dwell in the toilet, and if the parents come, he will jump from the toilet was shouting. Moments later, her parents come home



from the opera before midnight. When looking at the lights still lit toilet in his house they thought there were thieves in the house. They go home slowly while opening the door to pick up a gun and settles immediately rose to the top of the attic where the toilet is located. When he reached the top, suddenly heard shouts from the toilet. People were shouting until his neck broken. Two hours later the child died.

Can imagine how sorry parents, they act too quickly. They follow the emotion of fear and *kehawatiranya* that his senses had not had time to deliver complete information about people who jump up and shout that they should be analyzed once they see who it was. The story above shows the result of emotional intelligence are not trained or category of low emotional intelligence they indulge his emotions in the act.

Emotions affect human life when in making decisions, not infrequently a decision is taken by emotions. Nothing at all purely human has decisions of rational thought because the entire human decisions have an emotional color. If someone pays attention to the decisions in human life, it was his decision determined more by emotion than common sense.

Emotions are so important it has long been abandoned by researchers when dependent on emotion and dependent love, grief, misery and happy man. Not the ratio, because that Goleman proposed in addition to the intelligence of the brain, humans also have to pay attention to emotional intelligence. Humans are naturally yearn for a quiet life and healthy both body and spirit. A reality show that human civilization more advanced results in the increasing complexity of human lifestyle.

Human happiness does not depend on the physical but the emotional growth factors because emotions as the driving forces in life, which led to human flourishing, and backward. No one who does not want the peace and happiness in his life, everyone will be trying to find, though not all can reach who wants it. There are various reasons and obstacles that may occur, so that many people who experience restlessness, anxiety, discontent and exaggerated emotions.

It can be said, the more advanced people or society, the more complications they experienced life. Competition, race, and conflict as a result of the needs and desires that must still be covered. Emotional intelligence is not a lot depends on external factors such as the social, economic, political, but rather depend on the manner and attitude in the face of these factors. The decisive tranquility and happiness of them are emotional intelligence, which is how someone responds to a question and the ability to adapt. Similarly emotional intelligence that determines the life or excitement have passivity.

Mentally healthy person will quickly feel despair, pessimism, and apathy, because he can face all obstacles or failures in life with calm and reasonable, and accepts failure as a lesson that would bring success later. Similarly, Daniel Goleman revealed that personal losses due to low emotional intelligence can range from the difficulties of marriage, children's education, poor physical health, intellectual development obstacles, until unsuccessful career. Due to the above phenomenon, and the lives of the people around, that human life is not free from conflicts and problems are not uncommon human experience tensions, pessimism, frustration, and stress. In such circumstances, some have always solve an emotional way, and often indiscriminate, and concluding remarks real or not final at the time the study raised was the emotion. This is all done because of the lack of emotional intelligence, and mental make unhealthy.

In fact, from one generation to the more intelligent human being but the emotional and social skills had fallen sharply. This also weakens emotional intelligence. As a result, there are emerging social pathologies that exist in various forms of mental illness. As the crisis of trust, dishonesty, boredom, and boredom of life so that the emergence of psychiatric diseases that have a negative impact also on the personal and social life order which resulted in mental morbidity or absence of mental health.

On this issue, the crucial concept of Daniel Goleman was appointed as a solution because it is basically the concepts Daniel Goleman try to see the human aspect in particular on human feelings or

emotions. And concepts offered Daniel Goleman will deliver humans to be able to affect a person's feelings, so feelings will be put in place to control the outburst of emotion. Daniel Goleman's concept is a concept that is suitable to be applied in this day and age.

In the perspective of Islam, all sorts of emotions and ekspresinya, created by God through ordinances, emotions are created by God to form a more perfect man. Many verses of the Koran and Hadith describe emotions with different charges, as in the letter (Surat al-Najm: 43-44), that positive emotions and negative emotions. Both types of emotional charge that is often paired opposite effect to that amplifies the meaning of the sentence contradicts the Koran among others recounted:

يَوْمَ تَبْيَضُّ وُجُوهٌ وَتَسْوَدُّ وُجُوهٌ فَأَمَّا الَّذِينَ اسْوَدَّتْ وُجُوهُهُمْ أَكَفَرْتُمْ بَعْدَ إِيمَانِكُمْ فَذُوقُوا الْعَذَابَ بِمَا كُنْتُمْ تَكْفُرُونَ ١٠٦

Meaning: *On the day that at that time there were white faces glow, and some black face muram. adapun people who face grim black (to be said): 'Why do you disbelieve after your faith? So felt the doom because ye disbelieve it' (Surah Ali Imron: 106).*

While the Hadith, among others, which means: "The rope ties of the most powerful faith because God is love and hate for Allah." (HR Ath Thabrani).

The Qur'an also much illustrates that the quality of the emotions have a certain level of intensity. One same event can make a lot of people issuing emotional responses varying intensity. feeling happy, for example, can appear in response smile laughing, or other more responses.

In providing guidance on humans, the Qur'an and Hadith deal about the various types of human emotional expressions when facing or experiencing something, which is displayed a very rich expression, including primary emotions and secondary emotions.

Based on some verses of the Koran and the hadith above, it can be concluded that any ekspresi basic human emotions, ranging from sadness, anger, fear, and others. Referring to the understanding of your

feelings and the feelings of others are reflected in a person's attitude as the implementation of piety.

#### **D. The Curriculum of Pendidikan Agama Islam**

Islamic education curriculum in madrassas and public schools are basically the same, including man's relationship with Allah, man's relationship with himself, man's relationship with fellow human beings, of human relationships with other beings and the natural environment.

##### *1. The Islamic Cultural History Lesson (SKI)*

Material Cultural History of Islam includes material about the entry of Islam into Indonesia, pathways of Islam in Indonesia, the development of Islam in Indonesia, the development of science and culture, the role of Muslims in repel the invaders, the wisdom of the historical development of Islam in Indonesia, the behavior of the appreciation of the historical development of Islam in Indonesia.

So, the material in the Islamic Cultural History lesson when inserted with emotional intelligence it will cause the quality of the individual active, unselfish, intelligent in taking lessons, will behave fairly with understanding the histories of Muslims.

##### *2. Lessons of Akidah Moral*

Lessons Aqeedah Morals is a field of study that is teaching and guiding students to know, understand and believe in the Islamic faith and practice and can establish good behavior in accordance with the teachings of Islam. Material Aqeedah Morals includes faith in God Almighty, the faith in the end, the sense of faith, the classification of the final day, the phases towards the afterlife, Faith qada 'and Qadar, the relationship qada' and Qadar, the arguments relating to qada 'and Qadr.

So in exercising their subjects Morals Aqeedah there should be a curriculum that includes emosioanal in order to provide a person to understand, believe and live the truth of Islam and be willing to practice it in everyday life. Provide and direct on procedures in dealing either with God or with one another in accordance with the rules of Islam. In order to encourage learners to develop an understanding and belief

about the existence of God as the source of life. Repair mistakes, weaknesses learners in confidence, practice the teachings of Islam in daily life, in the hope of minimizing the prevention of learners of negative things from the environment or from a foreign culture to be faced daily.

### 3. *Lesson of Fiqh*

Material Fiqh SMA includes material about the pillars of inheritance, various heirs, the calculation of inheritance, marriage, harmonious marriage, legal marriage, refer divorce, learning fiqh can be combined with emotional intelligence in order to provide knowledge, obey the law, skilled implement the law, Knowing law students know the law means something, for example prayer upon the dead body law, the terms and the pillars of prayer and so on. Obey the law means that students will accept and comply with the legal requirements that have been established by God. Skilled implement the law means students proficient implement the law imposed upon him, for instance skilled prayers, good deeds pillar (af'al) and pillars of words (aqwal)

### 4. *Lesson of Al-Qur'an Hadis*

The subject matter of the Koran tradition includes various sunnah, sunnah qauliyah the words of the prophet Muhammad that he ever said in various fields. Fi'liyah ie Sunnah deeds, deeds of Muhammad associated with Islamic Shari'a. Taqiririyah Sunnah prophet silence that situation, set, do not answer. The arguments relating to tolerance, tolerance familiarize behavior, arguments relating to the prohibition of backbiting, slander Israg and Tabzir.

Feeling is a function of the soul to be able to consider and measure things according to pleasure and fun, have the nature of happy and sad, strong and weak, a long and a short, relatively and not stand alone as an expression of the soul. Emotional approach here meant an attempt to arouse the feelings and emotions of students in believing, understand and appreciate the teachings of his religion. To achieve the objectives of

this emotional approach, method to consider is a lecture, storytelling and socio-drama.

So, an emotional approach is the education of the teachers to the students through verbal and non-verbal stimuli as well as through touches emotions (feelings). For example through verbal stimuli such as lectures, stories, satire, praise, ridicule, news, dialogue, advice, orders and so on. While the stimulus nonverbal forms of behavior such as attitudes and actions.

### **E. Relevance of Emotional Intelligence of the Islamic Education Curriculum in Perspective Daniel Goleman**

In this discussion, the author will explore the relevance of emotional intelligence to the curriculum of Islamic education, which is of relevance is the relationship, connection, linkage. The curriculum is a written plan about the capabilities that must be owned by national standards, the float her potential in a particular educational unit.

But in this context, not all of the material in the curriculum of Islamic education could relevanced with emotional intelligence in the perspective of Daniel Goleman in detail, due to this reason that the materials in the curriculum of Islamic education that will be discussed herein include human relationship with Allah, human relations by itself, the human relationship with fellow human beings, of human relationships with other beings and the natural environment.

### **F. Relevance of Emotional Intelligence toward SKI: */Ibroh*)**

Emotional intelligence is one of emotional awareness that trains us to feel the sensation of emotions in yourself. Build emotional muscle is a training program designed based on the fact that how the same emotional fitness with physical fitness. Al-story someone told "Do not" on a child who was so angry, so he hit playmates, perhaps we can stop the beating, but his anger was not immediately disappear. The child's mind is still fixated on the trigger temper, but he took my toys and anger continues. self-awareness have a greater effect will be a feeling that is both challenging and powerful: the phrase "I want to be mad" to offer a

higher degree of freedom, not just to yell choice but to try to release an additional option that feeling.

In this case, we can take lessons in learning the stories chronicle of Islamic culture such as the story of an Arab man named Tsumamah bin Al Yamamah Itsal of tribes went to Medina with the intention to kill the Prophet Muhammad. All the preparations have been done, weaponry already bears, and he had already entered into the holy city where the Prophet lived it. Overflowing with the spirit he sought majlis the Prophet, directly came to carry out its purpose. After Tsumamah come, Umar bin Khattab. who see bad signs on the block appearance. Umar asked, "What is the purpose for coming to Madinah? Are not you a polytheist?" By blatantly Tsumamah replied, "I came to this country just to kill Muhammad".

Hearing his words, swiftly Umar directly vanished. Tsumamah could not resist the mighty Umar, he could not hold resistance. Umar managed to seize the weapon and tied his hands and then taken to the mosque. After binding Tsumamah in one of the pillars of the mosque Umar immediately reported this incident to the Prophet. Prophet immediately came out to the person who intends to kill it. Upon arrival in the binding, he studied the face Tsumamah well, then said to his companions, "Are any of you who have fed?".

Friends of Apostles who were there certainly shocked by the question of the Prophet. Umar, who had been waiting for orders the Prophet to kill this man seemed not to believe what he had heard from the Prophet. Umar then ventured to ask, "What would you mean O Messenger of Allah? These people came here to kill not want to convert to Islam!" But the Prophet ignored Umar disclaimer. He said, "Please bring me a glass of milk out of my house, and open strap that person".

Although surprised, Umar obey the command of Allah. After giving drink Tsumamah, Messenger politely said to him, "*Say Laa ilaha illa-Lallah* (There is no god but Allah)." The polytheists replied curtly, "I will not say it!". Prophet persuade again, "Say, I testify there is no God but Allah and Muhammad is the Messenger of God". However Tsumamah still said sternly, "I will not say it!". The Companions

Apostles who witnessed certainly be furious against those who do not know the profit. But instead freed Prophet and told him to go. But yet how far away from the mosque, he returned to the Prophet with a friendly face glow. He said, "O Messenger of Allah, I bear witness there is no God but Allah and Muahammad Apostle of Allah". Prophet smiled and asked, "Why did not you say it when I commanded you?" Tsumamah replied, "I did not say it when you're still not freed because of worry there who think I converted to Islam for fear you. But after you release, I converted to Islam simply because expect the pleasure of Allah the Lord of Alamin. "

On one occasion, Tsumamah bin Itsal said, "When I entered the city of Medina, nothing more I hate than Muhammad. But after I left the city, no one on earth whom I love more besides Muhammad the Messenger ". Are we followers of his teachings? But the extent to which we could forgive people's mistakes? How much we love others? if not, we need to ask back our pledge that once we say as we mark his followers. Indeed, he is the perfect example as a human being. He was the greatest prophet, he is also the perfect husband, perfect father, a perfect leader, friend and friend of the perfect, perfect neighbors. It is not wrong if God says that he is the perfect example. May Peace be upon always delegated to him, lord and our example that God has created human beings as a perfect example.

#### **G. Relevance of Emotional Intelligence againsts Fiqh: Zakat**

Emotional intelligence is one of Empathy (knowing the feelings of others) came into its own and the flow of active consciousness. In the Intelligence Daniel Goleman calls emotional empathy as a basic human skills. People who have empathy is a natural leader who can express and articulate the unspoken collective sentiment to guide the group toward its goals. Benefits of empathy among others is more stable emotionally, more popular, more friendly, and more successful in building relationships.

Once Eric Eckardt involved in a heinous crime, as guardian of the player Tonya Harding ice skates, Eckardt has hired craftsmen to



strike at Nancy Kerrigan, Harding arch rivals compete for the gold medal in the number of women's shoes in 1994. In that attack, Kerrigan knee beaten, so he could not train for months. But when viewing televisi featuring Kerrigan sobbing, Eckardt attacked sudden remorse, and expose the secret to his friend, who in turn initiate various events arrest the attackers Kerrigan, so tremendous power of empathy. But tragically empathy can not be found in people who commit the most violent crimes.

Some things that hamper for empathy and how to overcome these obstacles. Education without empathy, empathy is not part of childhood care therefore create a parent training inner empathy. Instill the image of a loving inner parent can accelerate progress towards empathy consistent with giving a positive counterweight to the examples that are not empathetic childhood. Children can act empathetically before they age enough to accept the teachings of right and wrong. Empathy is the jolt of the heart, the best start to feel empathy is having parents empathetic as a model.

Prejudices will affect our attitude toward others, and this will prevent the behavior of empathy. Active awareness informs our decisions short-term and long-term about what is right for us, whereas empathy informs all decisions that affect others. When a person uses emotional sharpness in addition to the sense of hearing, to be productive and efficient communication. Empathy will motivate us correct the error. Empathy is not only frees us from labeling right or wrong in a person, but also allows us different views without causing conflict.

Someone who has a high emotional intelligence can work effectively with anyone because he listened to without prejudice. Awareness of the importance of the feelings of others and their own feelings allow us to appreciate the opinions and values of others who are different, without feeling threatened by these differences. Adequate emotional intelligence, will be able to perform and has a high productivity. Teachers deliver life issues relating to the ownership of money and the Islamic requirement to pay zakat, donations and alms. With a class discussion the students identify the sense of charity,

donation and charity as well as the principal difference between the three.

Students are asked to demonstrate and reading / memorizing of naqli about zakat, donations and alms. Teachers give assignments to students to calculate the amount of zakat mal to be paid by delivering about stories relating to the payment of zakat, as Mr. Amin has deposits amounting to Rp. 35 million and has been owned for 18 months. Whether Mr. Amin has included compulsory Zakat? Why? Kalu how zakat be paid ?.

Once children understand the sense of charity, donation, charity, and calculating zakat: the technique of ranking children were asked to make a priority to a problem: If you earn \$ 2 million, what priority would you do with it: Save it, treating eating friend, giving some poor children and orphans, Paying school fees. To rank can be done individually mapun group discussions. Students are asked to make an explanation of why such rankings. If you see your parents have enough money what do you do at your parents: Ask them for what? Ask to buy something, Mediocre, Asked if already pay zakat / charity ?.

When students choose one answer the teacher can further discuss with students why he chose that answer. After completion of the discussion daan teacher questioning allocate approximately 10 minutes for students can make conclusions and reflections of learning received with guidance from the teacher. The teacher divides the children into groups, assigning children to set aside in part pocket money a week later the money is collected, in groups children meyedekahkan money to poor children and street children while talking with them around the school.

Children prepare reports and sharing experiences with other groups in the class. Learning Islamic education on cognitive aspects remain to be implemented, but the attitude aspect needs to be emphasized. During this time there is an impression that the worship mahdlah higher value than the muamalah and morality. With such an impression tendency to think that if already working on prayer, fasting, zakat and hajj, then looked less important the implementation of these

values in the context muamalah worship and morality. This trend has implications for one's abiding prayers but do not care and are not tolerant with others (lack of empathy). Or the people in the name of Islam is precisely acting emotional, accusing each other and act brutal rule out the values of Islamic morality that teaches emotional intelligence. Learning Islamic education should not only be theoretical, but more emphasis on application behavior in everyday life. Suppose learning monotheism monotheism explanation not only in the vertical dimension, but pengembangan matter of monotheism in the horizontal dimension / social monotheism would be more beneficial for efforts to develop emotional intelligence.

Directly linking Islamic religious education materials on actual problems experienced by children at home, at school and in the community more support for the child's emotional intelligence. Why are many street children? Why is there a fight? Why is there a home for orphans? These things can be a topic discussed child premises. The problems raised by the child according to their age. Arguments can describe children who he (the child know himself) and to provide for their awareness of the importance of togetherness and gratitude. Also measures what is done by a child to rally together with his friends give children empathy. If less precise in the sharing and discussion of teachers to provide input to the child how it should be.

## **H. Conclusion**

Emotional intelligence is the ability to recognize feelings, reach and awaken feeling to help the mind, understand the feeling and meaning, and control the depth of feeling that foster emotional and intellectual.

The term emotion is then expressed in the form of sadness, anger, surprise, fear, hatred, disgust and happiness standing upright on a variety of emotions associated. Anger, for example, can vary in strength, ranging from resentment that led to the anger of hatred, anger because the blood rises, and cold anger. Variations in the intensity and emotion of each clearly visible on the face, which has a unique facial expression.

PAI school curriculum compiled should show specific traits and regionalism, both in geographical and socio-cultural. The presence of PAI in the high school curriculum relevance to emotional intelligence, so there is no accumulation of unemployment of the output of educational institutions, which is due out greater than the requirement. PAI curriculum development conducted by educational institutions should involve all parties, both teachers, committee, community, board / foundation, stakeholders, education experts, and all those who are competent in the world of education. In the preparation of the curriculum should be able to explore the potential, interests, talents, abilities, diversity and individual differences of students that includes cognitive, affective and psychomotor

The relevance of emotional intelligence of high school students towards Islamic religious education is a way for the success of a student. A student is successful or successful must have a good emotional, able to manage his emotions, can direct his emotions through Islamic education.

Thus the students successful person is not someone who is vanity to learn a new talent, but they are more focused adjust emotions owned by the demands of the role (as a student). So the match between roles, talents, competencies and emotional intelligence is an important factor in determining the performance of a student.

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